

Ordinary People. Extraordinary Lives.

"4 Suggestions for Personal Growth"

Episode 130

- A danger leaders face, when things are going well, is to coast.
- Resting is not coasting
- Resting is recharge with purpose
- Coasting is passivity.

4 Suggestions to Sustain Personal Growth

1. Be self-aware.
 - conversations, feedback, resources, quiet time, reactions
2. Be a learner.
 - conversations, listening, resources
3. Be pragmatic.
 - harness the collaborative power of intellect AND implementation.
4. Be accountable.
 - celebration, coach, care, challenge, contribute
 - see Episodes 39-45 "Moving People Forward"