

# THE LIFESTYLE SERIES

Re-centering our lives around Jesus.

## Rhythm: A Lifestyle of Wisdom

*Titus 2:11-14*

\_\_\_\_\_ : Procedure with uniform or patterned recurrence

### 1. Embrace rhythm's \_\_\_\_\_.

- a. Protect
- b. \_\_\_\_\_

### 2. \_\_\_\_\_ rhythm's Aim.

- a. Navigate chaos
- b. Build character
- c. Fulfill \_\_\_\_\_

### 3. Utilize rhythm's Application.

- a. \_\_\_\_\_ comes from overflow
- b. Rhythm is an \_\_\_\_\_ - \_\_\_\_\_ application

### **How can I take responsibility for this message?:**

1. ACT (Apply, Change, Teach)
2. Identify
3. \_\_\_\_\_
4. Measure
5. Celebrate
6. \_\_\_\_\_
7. Repeat