



Moving People Forward

Part 5 - Caring for Others is Transformational

Episode 43

We talk a great deal on this podcast about the “how-to’s” of leadership and helping people. I believe that leadership has to look like something. Today, as we talk about moving people forward, I want to share some insight with you about how caring for people is transformational and supportive.

Ryder Carroll says, in his book, *The Bullet Journal Method*, “Our efforts are always fueled by some promise.” [2]

The promise I want you to consider today is that God cares for us and has given us a purpose to love and care for others.

1 Peter 5:6-8, “Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.”

What resists our forward movement:

- a. Pride
- b. A weak view of God
- c. Impatience
- d. Self-righteousness
- e. Independence
- f. Inability to receive the love of God
- g. The Devil

To be a caring leader you need:

1. A Loving Heart
 - a. Experience God’s Fatherly love
 - b. Grow in compassion
 - c. Communicate love in simple ways
 - d. Be interested in people more than rightness, programs or productivity
 - e. Remember - people are our pleasure
2. A Trustworthy Heart
 - a. Be a person of confidentiality
 - b. Hold others accountable
 - c. Be honest
 - d. Express the fruit of the Spirit (love, joy, peace, patience, kindness, goodness, meekness, self-control, faithfulness)

3. A Listening Heart
 - a. Speak value to others
 - b. Be with people
 - c. Embrace silence
 - d. Have confidence in God's working

4. An Observant Heart
 - a. Walk slowly among people
 - b. Pay attention to your body language
 - c. Encourage with a smile
 - d. Observe details in people's lives

5 Ways to Demonstrate Caring Leadership:

1. Show up. (Hospital, emergencies, significant moments)
2. Remember significant days (birthdays, anniversaries, promotions)
3. Speak love languages. (time, gifts, touch, acts of service, words)
4. Eye contact, lean forward, body language, tone
5. Help others be successful. (vision, growth, feedback, connection, network)